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**ALLEGHENY COUNTY ATHLETE HONORED BY
SPECIAL OLYMPICS PENNSYLVANIA AS FEMALE ATHLETE OF THE YEAR**

(Norristown, PA, August 29, 2019) – Special Olympics Pennsylvania (SOPA) recently honored Emily Mazur, an Allegheny County Local Program athlete, with the Female Athlete of the Year award during its Leadership Conference Banquet at the Penn Stater Hotel and Conference Center in State College, PA on Saturday, August 17, 2019.

Among her many commendable attributes, Mazur’s passion for health and fitness is unparalleled as she always volunteers to lead her team in stretches and warm-ups before practice and cool downs afterward. She always makes sure all of her teammates are staying properly hydrated and, if she sees someone struggling to learn a new skill, she always lends a hand.

A three-sport athlete with Special Olympics (she competes in athletics, aquatics and basketball), Mazur also is a member of her high school’s softball team and was recently featured in a fashion shoot for the national brand, Aerie.

Mazur’s tireless work ethic -- she constantly tells herself “I can do better” before returning to competition and beating her time -- is simply one of the many reasons why she was named SOPA’s Female Athlete of the Year for 2019.

About The SOPA Leadership Awards

SOPA Leadership Award recipients were chosen by a statewide panel of business and community leaders representing both the private and nonprofit sectors. Nominations come from local Special Olympics programs throughout Pennsylvania. The event is part of a yearly Leadership Conference designed to provide ongoing training and recognition for Special Olympics athletes and volunteers.

About Special Olympics Pennsylvania

Special Olympics Pennsylvania provides year-round training and competition in 21 Olympic-type sports to more than 20,000 children and adults with intellectual disabilities. For more information on how the movement inspires greatness, visit our website at www.specialolympicspa.org.

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