Directions to Competition Venues:

VILLANOVA UNIVERSITY | LDR/W, Powerlifting, Soccer (Individual Skills, 7v7, 11v11), Volleyball
800 Lancaster Avenue, Villanova, PA, 19085
From the West
- Take the Pennsylvania Turnpike (I-76) to EXIT 326 – Valley Forge
- Take I-76 (Schuylkill Expressway) to EXIT 331A (I-476 South/Chester)
- Follow I-476 South to EXIT 13 (US 30, St. David's/Villanova)
- At the bottom of the ramp, turn right onto Route 30 East (Lancaster Ave.)
- Proceed east on Route 30 (Lancaster Ave.) for one-half mile and at the fourth traffic light you will see Villanova's main parking lot on your right

From the South
- Take I-95 North to EXIT 7 (I-476 (Blue Route) North Plymouth Meeting)
- Take I-476 (Blue Route) North to EXIT 13 (US 30, St. David's/Villanova)
- At the bottom of the ramp, turn right onto Route 30 East (Lancaster Ave.)
- Proceed east on Route 30 (Lancaster Ave.) for one-half mile and at the fourth traffic light you will see Villanova's main parking lot on your right

From the North
- Take I-476 South to EXIT 13 (US 30, St. David's Villanova)
- At the bottom of the ramp, turn right onto Route 30 East (Lancaster Ave.)
- Proceed east on Route 30 (Lancaster Ave.) .5 mile and at the fourth traffic light you will see Villanova's main parking lot on your right

** Note for West Campus Soccer Complex (7v7 Soccer): When proceeding east on Route 30(Lancaster Ave) from I-476, take a left at the second light onto Spring Mill Road. Proceed 1/5 mile and the entrance to West Campus will be on your right. Continue to bear right under the bridge by the train station towards the guard gate where you will be directed to the Soccer Complex.

Marple Sports Arena | *Roller Skating*
611 South Park Way, Broomall, PA, 19008
From Villanova University
- Take 476 South towards Chester
- Take Exit 9 Broomall/Upper Darby
- Off ramp, make a Left onto West Chester Pike/Route 3
- Turn Right onto Lawrence Road
- Go thru 3 lights
- At the 4ᵗʰ light, make a left onto Parkway Drive
- Go thru 2 intersections and continue onto East Park Way Drive
- Marple Sports Arena will be on the left

The Shipley School | *Soccer (5v5)*
814 Yarrow Street, Bryn Mawr, PA, 19010
From Villanova University
- Head **north** on Ithan Ave. and until you reach Montgomery Ave.
- Turn **right** onto Montgomery Ave. and stay on for about 1.0 mi
- The Shipley School entrance will be on the **left** just past the turf soccer fields

Directions to Hotels from Villanova:

Best Western King of Prussia

127 South Gulph Road, King of Prussia, PA, 19406
- Start out going west (toward the church) on E Lancaster Avenue (US-30)   0.7 mi
- Merge onto I-476 N toward Plymouth Meeting   2.8 mi
- Merge onto I-76 W via EXIT 16B toward Valley Forge   4.1 mi
- Merge onto W Dekalb Pike/US-202 N via EXIT 328B toward King of Prussia   0.4 mi
- Turn right onto S Gulph Rd 0.09 mi
- Arrive at Best Western King of Prussia on right

The Inn of King of Prussia (previously Comfort Inn)

550 West DeKalb Pike, King of Prussia, PA, 19406
- Start out going west (toward the church) on E Lancaster Avenue (US-30).....................0.7 mi
- Take ramp on right to I-476 N toward Plymouth Meeting...2.8 mi
- Take exit 16B on right for I-76 W (toward Valley Forge)..4.1 mi
- Stay right to exit 329 (South Henderson Rd)..1.0 mi
- Continue on S Henderson Rd. Make left onto W. Dekalb Pike and continue until destination on your right.

DoubleTree Plymouth Meeting

640 Mountain Road Plymouth Meeting, PA 19462
- Start out going west (toward the church) on E Lancaster Avenue (US-30).....................0.5 mi
- Take ramp on right to I-476 N toward Plymouth Meeting...6.4 mi
- Take exit 20 on right for Germantown Pike West...0.4 mi
- Stay right on ramp towards West Germantown Pike ....0.8 mi
- At light, turn right onto Hickory Road ....0.1 mi
- Take the 1ˢᵗ left onto Fountain Road...0.1 mi
- Arrive at DoubleTree Plymouth Meeting on right

DoubleTree King of Prussia

301 West DeKalb Pike, King of Prussia, PA, 19406
- Start out going west (toward the church) on E Lancaster Avenue (US-30).......................0.7 mi
- Take ramp on right to I-476 N toward Plymouth Meeting...2.8 mi
- Take exit 16B on right for I-76 W (toward Valley Forge)..4.1 mi
- Stay right to exit 328B US-202 N (West DeKalb Pike)...1.6 mi
- Follow US-202 N/ W Dekalb Pike then turn right onto King Circle
- Arrive at DoubleTree King of Prussia on right

Embassy Suites

888 Chesterbrook Boulevard, Chesterbrook, PA, 19087
- Start out going west (toward the church) on E Lancaster Avenue (US-30).......................0.2 mi
- Take ramp on right to I-476 N toward Plymouth Meeting...2.8 mi
- Take exit 16B on right for I-76 W (toward Valley Forge)..4.1 mi
- Stay right for exit lane 328B-A towards US-202..0.5 mi
- On exit ramp, stay left and take exit 328A towards US-202 S ....4.0 mi
- Take exit on right for Chesterbrook Blvd (no number) ....0.1 mi
- Take right at end of ramp to go on Chesterbrook Blvd ....0.1 mi
- Arrive at Embassy Suites on right

Hampton Inn King of Prussia

530 W. Dekalb Pike, King of Prussia, PA, 19406

- Start out going west (toward the church) on E Lancaster Ave (US-30)................................0.7 mi
- Merge on I-476 N toward Plymouth Meeting...2.8 mi
- Merge onto I-76 W via EXIT 16B toward Valley Forge..4.1 mi
- Take exit 329 toward King of Prussia/Norristown.. 2.0 mi
- Slight right onto South Henderson Road...1.4 mi
- Turn left onto West Dekalb Pike.. 0.9 mi
- Arrive at Hampton Inn King of Prussia on right

Holiday Inn Express

260 North Gulph Road, King of Prussia, PA, 19406

- Start out going west (toward the church) on E Lancaster Avenue (US-30).............................0.7 mi
- Take ramp on right to I-476 N toward Plymouth Meeting ....2.8 mi
- Take exit 16B on right for I-76 W (toward Valley Forge) ....4.1 mi
- Stay right for exit lane 328B-A ....0.7 mi
- In exit lane, stay left to take exit 327 for Mall Blvd ....0.3 mi
- At end of ramp, take right onto Mall Blvd..0.2 mi
- At end of Mall Blvd, take right onto North Gulph Road (PA-363) ....0.2 mi
- Arrive at Holiday Inn Express on right

Hyatt Place

440 American Ave., King of Prussia, PA, 19406

- Head West (toward the church) on E. Lancaster Ave. (US-30) ....0.2 mi
- Merge onto I-476 N toward Plymouth Meeting ....2.8 mi
- Merge onto I-76 W via EXIT 16B toward Valley Forge ....4.1 mi
- Merge onto W Dekalb Pike/US-202 N via EXIT 328B toward King of Prussia..........................0.9 mi
- Turn left onto Allendale Rd...1.0 mi
- Turn left onto 1st Ave...0.3 mi
- Take the 1st left onto American Ave. ....0.1 mi

Directions to Nearby Hospitals:

From Villanova University

BRYN MAWR HOSPITAL | 130 S. Bryn Mawr Avenue, Bryn Mawr, PA, 19010

(Approximately 2 miles from campus)

- Head east on Lancaster Ave (US 30)..1.3 mi
- At the McDonald's, turn right onto County Line Rd..0.7 mi
- Turn left onto S Bryn Mawr Ave, Bryn Mawr Hospital is on the left......................................0.1 mi

LANKENAU HOSPITAL | 100 Lancaster Avenue, Wynnewood, PA 19096

(Approximately 6 miles from campus)

- Head east on Lancaster Ave (US 30)..5.7 mi
- Take a slight right, Lankenau Hospital is on the left..0.3 mi

KINDRED HOSPITAL, PHILADELPHIA | 20000 Old West Chester Pike, Havertown, PA 19083

(Approximately 6 miles from campus)

- Head west on E Lancaster Ave toward Aldwyn Ln/N Spring Mill Rd.......................................0.9 mi
- Turn left to merge onto I-476 S..4.2 mi

- Take exit 9 for PA-3 E..0.3 mi
- Turn left at PA-3 E/W Chester Pike...0.5 mi
- Turn right at Old West Chester Pike to Kindred Hospital......................................0.1 mi

From The Shipley School

BRYN MAWR HOSPITAL | 130 S. Bryn Mawr Avenue, Bryn Mawr, PA, 19010
(Approximately 1 mile from Shipley)
- Head south on Yarrow St toward Morris Ave...449 ft
- Turn right onto Morris Ave..0.1 mi
- Turn left to stay on Morris Ave...0.2 mi
- Continue onto Elliott Ave..0.1 mi
- Turn right onto Old Lancaster Rd...0.1 mi
- Turn left at the 1st cross street onto S Bryn Mawr Ave, Bryn Mawr Hospital on the right........1 mi

LANKENAU HOSPITAL | 100 Lancaster Avenue, Wynnewood, PA 19096
(Approximately 4.5 miles from Shipley)
- Head south on Yarrow St toward Morris Ave...449 ft
- Turn right onto Morris Ave..0.1 mi
- Turn left onto Montgomery Ave..1.3 mi
- Turn right onto Woodside Rd..0.1 mi
- Turn left onto Lancaster Ave (US 30)...2.4 mi
- Take a slight right, Lankenau Hospital is on the left..0.3 mi

KINDRED HOSPITAL, PHILADELPHIA | 20000 Old West Chester Pike, Havertown, PA 19083
(Approximately 5 miles from Shipley)
- Head south on Yarrow St toward Morris Ave...449 ft
- Turn right onto Morris Ave..0.1 mi
- Turn left to stay on Morris Ave...0.2 mi
- Continue onto Elliott Ave..0.1 mi
- Continue onto Pennsylvania Ave...0.1 mi
- Turn left onto Wayside Rd...240 ft
- Turn right onto County Line Rd...413 ft
- Turn left at the 2nd cross street onto E Haverford Rd..1.3 mi
- Turn right onto Ardmore Ave..1.2 mi
- Turn right onto Ellis Rd...1.1 mi
- Turn right onto Lawrence Rd...0.3 mi
- Turn left at PA-3 E/W Chester Pike...0.5 mi
- Turn right at Old West Chester Pike to Kindred Hospital......................................0.1 mi

From Marple Sports Arena

BRYN MAWR HOSPITAL | 130 S. Bryn Mawr Avenue, Bryn Mawr, PA, 19010
(Approximately 7 miles from Marple)
- Turn left onto Parkway Dr..0.5 mi
- Turn right at Reed Rd..318 ft
- Turn left to stay on Reed Rd..0.4 mi
- Turn right onto Sproul Rd..1.3 mi
- Turn right onto PA-320 N/S Sproul Rd..0.7 mi
- Turn left onto PA-320 N/Sproul Rd...1.5 mi
- Turn right onto S Bryn Mawr Ave..2.5 mi
- Destination on the left: Bryn Mawr Hospital

LANKENAU HOSPITAL | 100 Lancaster Avenue, Wynnewood, PA 19096
(Approximately 7 miles from Marple)
- Turn left onto Parkway Dr..0.5 mi
- Turn left onto Reed Rd..0.7 mi
- Turn left onto Eagle Rd...436 ft
- Continue onto Burmont Rd...0.4 mi
- Turn right to stay on Burmont Rd..0.6 mi
- Turn left onto US-1 N...4.2 mi
- Turn left onto Lancaster Ave (US-30)...0.3 mi
- Take a slight right, Lankenau Hospital is on the left...0.3 mi

KINDRED HOSPITAL, PHILADELPHIA | 20000 Old West Chester Pike, Havertown, PA 19083
(Approximately 2.5 miles from Marple)
- Turn left at Parkway Dr..0.5 mi
- Turn right at Reed Rd..295 ft
- Continue onto Parkway Ave..0.5 mi
- Turn right at Lawrence Rd..1.3 mi
- Turn right at PA-3 E/W Chester Pike..0.3 mi
- Turn right at Old West Chester Pike to Kindred Hospital....................................0.1 mi