

## What is the Plunge?

The Polar Plunge is a unique opportunity for individuals, organizations, and businesses to support local Special Olympics athletes by jumping or running into icy cold waters. Plunge participants take a quick dip in the river to raise funds for Special Olympics Pennsylvania, the state's largest year-round organization devoted to sports training and competition for children and adults with intellectual disabilities.

## Why take the Plunge?

The Polar Bear Plunge benefits Special Olympics
Pennsylvania and the thousands of children and
adults with intellectual disabilities who develop
improved physical fitness and motor skills, greater
self-confidence and a more positive self-image as a
result of receiving year-round training and competition programs – all at no cost to
themselves or their families.

## Please return this form with donations to:

Special Olympics Pennsylvania ATTN: Lehigh Valley Plunge 2570 Blvd. of the Generals, Suite 124 Norristown, PA 19403

For security, please send cash donations in the form of one combined money order.

Checks may be made payable to SOPA or Special Olympics PA. Please ensure the Plunger receiving credit for the donation is listed in the "memo" section of the check

Donations must be received prior to Friday, February 2nd to ensure they post to your personal fundraising page.

Donations received after will count towards your overall fundraising total but may not reflect on your fundraising page.

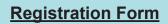


## Scott Park

Larry Holmes Drive & 3rd Street Easton, PA 18042

Plunge Town: 9:30am – 1:00pm

Register for the Plunge and Too Chicken to Plunge online PlungePA.org



Name	If you have additional donations, please complete the Lehigh Valley Polar Plunge Pledge form and mail it along your registration fee to the address above. Additional donations can also be turned in the day of the event.			
Address	DONOR'S NAME	ADDRESS	PHONE	AMOUNT
CityStateZIP	1.			
Phone#				
E-mail	2.			
Are you a member of Law Enforcement? Y N	3.			
Please list your dept/office/assoc.(FOP, etc.)	4.			
Credit Card (circle one) AMEX Visa MC Discover	5.			
Name on Card				
Card Number	6.			
Expiration DateAmount to be charged	7.			
Billing Address_	8.			
CityStateZIP	9.			
Signature	10.			
Shirt Size: (please circle) S M L 1X 2X 3X Gender M F (shirt size only guaranteed if registered online or by mail by Monday, January 8th)  Registration Fee - \$20 - All participants EXCLUDING STUDENTS pay a registration fee of \$20 and are required to raise a minimum of \$50 (your registration fee is included in this minimum).  Students register for FREE and are required to raise a minimum of \$35 in donations.  You must bring this signed waiver with you to registration!  Please cut along line and return this portion of the form by Friday, February 2nd with donations to:	This form must be signed by a parent or guardian if the participant is under the age of 18 years old. (DO NOT SIGN WITHOUT READING) Waiver and Release: In consideration of participating in the Special Olympics Pennsylvania (SOPA) Polar Bear Plunge ("a plunge into the Delaware River") at Scott Park. I represent that I understand the nature of the event. I represent that I am, and my minor children participating are, qualified to participate in the event. I acknowledge that I have been advised by SOPA to consult with a physician prior to participation. I acknowledge that if I believe the event conditions are unsafe for me or my minor children I will immediately discontinue participation in the event. I fully understand that the Polar Bear Plunge involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below. I also understand that there may be other risks either not known to me or not readily foreseeable at this time. I give my permission for photographs taken at the event in which my image, or the image of any of my minor children appears, to be used for promotional and/or advertising purposes by Special Olympics Pennsylvania from all claims and liability relating to the use of my name, likeness, photograph, or statement. I fully accept and assume all risks and all responsibility for losses, costs and damages that I incur in connection with my participation, or the participation of my minor children, in the event. I hereby release from all liability, discharge and covenant not to sue: Special Olympics Pennsylvania and its administrators, directors, agents, volunteers, and employees; other participants; sponsors; advertisers; and the owners and lessors of the premises on which the event takes place, Easton Hotel Restoration, Nurture Nature Foundation, Eastonian Condominium Association, Easton			
Special Olympics Pennsylvania ATTN: Lehigh Valley Plunge 2570 Blvd. of the Generals, Suite 124 Norristown, PA 19403	Signature of Participant or Parent/0	Guardian Signature Print Name		 Date